

Stress Test Protocol

1. Do not take Heart and/or Blood Pressure medication morning of test.
2. Fast 4 hours prior, may have water during those 4 hours.
3. No Caffeine 24 hours prior
4. No Nicotine 12 hours prior
5. No Nitroglycerine 12 hours prior (if you wear a patch remove and wipe area)
6. No medication containing Theophylline or Dipyridamole 24 hours prior
7. Notify Technologist if you maybe pregnant or nursing.
8. No other imaging tests involving Barium 48 Hours prior.

Drinks Containing Caffeine

Brewed Coffee	Instant Coffee	Decaffeinated Coffee
Brewed Tea	Instant Tea	Iced Tea
Cocoa	Soda	Chocolate Milk

Foods Containing Caffeine

Chocolate Candy	Baking Chocolates	Chocolate Pudding
Chocolate-coated Candy	Chocolate Cake	

Prescription Drugs Containing Caffeine

Cafergot (all forms)	Fiorinal (all forms)	Synalgos-DC
Esgic (all forms)	Norgesic	Wigraine (all forms)
Fioricet	Norgesic Forte	

OTC Drugs Containing Caffeine

Anacin	Excedrin	No Doz
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Drugs Containing Dipyridamole

Aggrenox	Persantine/Dipyridamole
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Drugs Containing Theophylline

Aerolate	Slo-Phylline	Theochron
Aminophylline	Slo-Phylline Gyrocaps	Theoclear L.A.
Bronkodyl	Sustaire	Theodur Spinkle
Choledyl	T-PHYL	Theolair
Constant-T	Tedral SA	Theophylline SR
Elixophylline	Theo-Dur	Theospan SR
Primatene (tablets)	The-Organidin	Theostat
Quibron (all forms)	Theo-Sav	Theovent Long Acting
Respbid	Theo-24	TheoX
Slo-bid	Theobid	Trental
Slobid Gyrocaps	Theobid Duracap	Uniphyl

Products Containing Nicotine

Nicotine	Nicotine Patches	Nicotine Gum	Tobacco
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