

Medical History

Medical None (High Blood Pressure, Diabetes, Cancer, Heart Disease, etc.)

_____	_____	_____
_____	_____	_____
_____	_____	_____

Surgical None (Tonsillectomy, Appendectomy, Hysterectomy, Hernia, etc.)

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Allergies to medications? None (If yes, please explain type of reaction, i.e. hives, wheezing, upset stomach, swelling, etc.)

Current prescription medicines None
 Name of Drug mg dose # times per day

Current prescription medicines None
 Name of Drug mg dose # times per day

“Over the Counter” medicines or Other (Aspirin, Tylenol, Ibuprofen, Aleve, vitamins and herbals.)

Family History

Father: Living – Age: _____ Deceased, Age at Death _____ (Cause) _____

Mother: Living – Age: _____ Deceased, Age at Death _____ (Cause) _____

Siblings: Number Living _____ Number deceased _____ (Cause) _____

Children: Number Living _____ Number deceased _____ (Cause) _____

List other illnesses in your family (Example – Diabetes, heart disease, colon cancer, breast cancer, prostate cancer, etc.)

Family Member	Illness	Family Member	Illness
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_____	_____	_____	_____
_____	_____	_____	_____

Social History

Smoke? Yes No If yes, how much? _____ # of packs/day _____ # of years When did you stop smoking? _____

Alcohol? Yes No If yes, how much? _____

Exercise regularly Yes No If yes, what and how frequently? _____

Routinely wear seatbelts? Yes No Do you wear helmets? Yes No

Physician Notes:

Physician sign/date: _____

Physician sign/date: _____

Physician sign/date: _____

Physician sign/date: _____